



ALABAMA BOARD OF MASSAGE THERAPY

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CLARIFICATION FOR MEDICALLY PRESCRIBED MASSAGE THERAPY SERVICES

The Order of the State Health Officer, Amended April 28, 2020, states the following, “Section 7 (c)(vii) Massage Therapy establishments and services (other than for medically prescribed services)” whereas extending the closures massage therapy establishments, there is a provision to allow medically prescribed services. Many of you have contacted the Board Office, Fellow Massage Therapists along with your Legislatures and Governor Ivey’s Office regarding allowing those that need these services and are prescribed by a health care provider. Based on the language stated above, a licensed massage therapist can perform massage services on a client if it is prescribed by a medical doctor or nurse practitioner.

In order to follow the State Health Order, you must comply with the following:

- 1) A prescription from a medical doctor or nurse practitioner dated 2020 and HIPPA Compliant
- 2) Maintain this prescription in the clients file for inspection by the Board
- 3) Keep documentation pertaining to each session along with a copy of the prescription
- 4) Observe all personal protection procedures outlined in the order
- 5) Prescribed Massage Therapy Services are for appointment only and not to fully open the establishment.

Please be advised that we will investigate any complaint received as normal and under the State Health Order, a massage therapist performing massage services without a prescription will be disciplined according to the Board’s practice act and regulations. Do not hesitate to contact the Board office regarding any questions or guidance you may need under this amended order. Thank you and we hope all service providers are back to work by May 15, 2020.

Keith E. Warren
Executive Director
April 28, 2020